

**SIMON FRASER UNIVERSITY  
FALL SEMESTER 2006**

**EDUC 323-3  
INTRODUCTION TO COUNSELLING THEORIES  
(D01.00)**

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Office: EDB 8632  
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TUESDAY 9:30-12:20  
WMC 3535

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**PREREQUISITE:** EDUC 220 or equivalent and 60 credit hours. Students who have credit for Educ 425 cannot take Educ 323 for further credit.

**COURSE DESCRIPTION**

This course provides students with an introduction to major theoretical approaches underlying the work of counselors and educators working with persons with emotional and/or behavioural difficulties. The course will cover theories based on psychodynamic, behavioural, cognitive, existential-humanistic, feminist, and post-modern frameworks.

**EVALUATION**

Assignments in the course will provide students with an opportunity to become familiar with a variety of theoretical approaches and their implications and applications to human behaviour and experience. Detailed descriptions of assignments will be distributed at the first class.

**REQUIRED TEXT**

Nancy L. Murdock, *Theories of Counselling & Psychotherapy: A Case Approach* (2004),  
Pearson-Merrill Prentice Hall ISBN: 0130271632

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